



READS Collaborative

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H1N1 UPDATE **(11/9/2009)**

COLD VS. FLU

What's the difference???

- Fever of 100.4 or greater lasting 2-5 days.
- Body aches.
- Everything else is the same: nasal congestion, cough, sore throat, etc.

When are you most contagious?

- You are most contagious while you have the fever.
- This is why facemasks are used in public, i.e. doctor's office.

New Exclusion Period

- Must stay home for **24 hours after no fever and no fever reducing medications.**
- Fever with influenza can last 2-5 days.
- Encourage early medical evaluation of high-risk students and staff.
- Doctor notes **do not** supersede the exclusion guidance.

THE VACCINE

- There are 9 formulations of the H1N1 vaccine approved for different age and risk groups; live nasal spray and inactivated injectable
- People ≥ 10 years old need 1 dose.
- Children ≤ 9 years old need 2 doses.
- Vaccines are not kept in reserve for the 2nd dose.

So Here's the Reality of the Vaccine Arrival

- Only estimates of what will arrive each week. No certainty of amounts.
- No advance dates that vaccine will arrive during a week.
- Uncertain what formulations will arrive.
- Uncertainty with formulation mix means certain sites may get vaccine and others won't (e.g. some don't want live attenuated vaccine).
- Exact information regarding types of formulation in that week's shipment will not be available ahead of time.
- Depending on what formulations are received, DPH will prioritize the target groups to match the formulation by age and risk group.
- What is certain - It is coming regularly and in increasing amounts.

Target Groups for H1N1 Vaccine

- Pregnant women.
- Household and caregiver contacts of children < 6 months of age.
- Health Care and emergency medical services personnel.
- Children from 6 months through 18 years.
- Persons aged 19-24 -2nd tier.
- Persons aged 25 through 64 years who have specified medical conditions – 2nd tier.

Prevention and Education

- Emphasize proper hand washing and respiratory etiquette.
- Demonstrate proper etiquette to students.
- Provide hand sanitizer.
- Routine cleaning of "high touch surfaces".
- No need for special disinfection or decontamination.

When respiratory secretions dry out, virus is no longer infectious.
It does not linger in the air